



SOPHIA FAHS
Unitarian Universalist
Religious Education
CAMP

2018
August 19-August 24
38th Camp Season

CAMP HANDBOOK

Sophia Fahs Unitarian
Universalist Religious
Education Camp

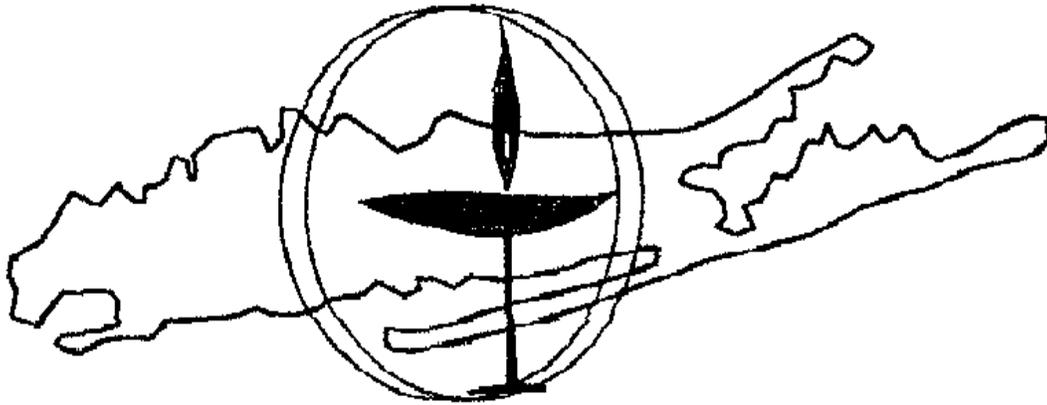


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Welcome Campers, Parents/Guardians and Staff to Sophia Fahs 38th year of Camp

Sophia Fahs Religious Education 38^h Camp year is almost here and you are going to be part of it, an important part of it! To be ready requires a few actions on your part:

1. Make sure that you have completed and sent in your registration and medical forms and full payment.
2. Read this entire CAMP HANDBOOK. It has **new and revised information, so read it carefully.**

Please be sure to note:

- A. Signed and completed **Transportation Authorization Form** (last page of this Handbook) if you, the parent/guardian, are not bringing and/or picking up your camper. No child will be registered or released to anyone other than his or her parent or guardian without this signed form. **This form must be turned in at registration at camp.**
- B. Copies of the Children's and the Youth's Covenants and Staff Code of Ethics are enclosed as reminders of the behaviors expected from and agreed to by all campers and staff. Please review the covenant with your camper. There is no need to fill it out or sign it, as this was part of the application.
- C. **Camp Apparel will be available this year by special order.** Proceeds will go to the Sophia Fahs camp fund. To order, contact Ellen Keller at emkpsyd@yahoo.com.
- D. **A camper must be fever free (below 100.5) for 24 hours prior to arrival at camp.**

We value our relationship with the Camp Quinipet community. Let us do our part by complying with the rules and regulations of both camp communities as described in this Handbook.

Questions relating to registration, fees and health forms should be made to Allyson Barish. Other questions may be made to a member of the Camp Advisory Committee, each of whom has a specific responsibility.

Camp Advisory Committee

Matthew Barish-mabarish@gmail.com

Patsy Kaplan-Ramabachi-ramabachi@aol.com (516 781-4319)

David Sussman- sussman81@yahoo.com

Sophia Fahs Registrar Allyson Barish – sophiafahs@gmail.com

LIAC Administrator Gretta Johnson-Sally

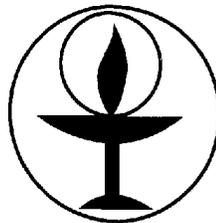
Mission of Sophia Fahs UU Religious Education Camp



To provide enjoyable, practical and spiritual experiences
in a safe, beautiful and natural environment
that will inspire children, youth and adults
to explore their identities: personal, communal and Unitarian Universalist.

Our People

- Children and youth entering grades 1-12 from the Long Island area are invited to create a community in the spirit of Unitarian Universalist principles for one week in August each year.
- Camp is planned and governed by an Advisory Committee of experienced camp staff and religious educators under the administration of Long Island Area Council (LIAC). We can support approximately 125 campers and 45 adult staff members, including a UU minister.
- In all of our programs, worship, residences and activities, we create an intentional community based on caring and respect. Each person signs a covenant (a code of attitude and behavior), by which he/she agrees to live during our week together.
- Adult staff members are carefully chosen from Unitarian Universalist congregations; many are returning staff with children who attend the camp. We support a Youth Spirit Committee with a youth leadership component. Staff live with campers in individual houses providing care, support and interesting programming while focusing on respect, cooperation, trust and communication as well as safety and health.



Our Goals

To provide a safe and friendly environment

To encourage personal exploration and creative community building in a relaxed atmosphere

To provide positive role modeling

To develop a caring community for all

To strengthen Unitarian Universalist identity

To connect more deeply with our seven principles through Program, Circle Groups, Activities and Worship

PACKING LIST

*Note important rules for cell phones, flip-flops and more

NECESSITIES:

Bedding: Sleeping bag with a sheet to cover the mattress (or sheets and a blanket), pillow(s), Towels (2-3), additional OLD sheet/lightweight to use at the field (not for bedding)

Clothing: for warm and cool weather, sunny and wet. Mark with name.

Shoes& socks: closed shoes i.e. sneakers; sandals with secure ankle straps

Flip-flops, loosely fitting or single strap footwear are NOT ACCEPTABLE except for indoor shower use.

Camper's are encouraged to use water shoes at the waterfront area.

Bathing suit(s)

Hat, raincoat and jacket

Laundry bag

Bottle for water (with name on it)

Toiletries: the usual items including sunscreen and bug repellent

Flashlight and extra batteries

MAYBE—you might want these things:

Camera (*but NOT cell phone camera)	Binoculars, telescope
Musical instruments (for talent show)	Lamp
Hair dryer	Board Games, Cards
Favorite CDs	Costume ingredients
T-shirts (cotton) for tie-dying	Sports equipment (Baseball mitt, Lacrosse stick)
Ideas for skits and Talent Show or worship service	
Clothing for dress-up night	Stuffed animal
Pen/pencil, notebook/paper	Tissues
Book for personal time or optional discussion group	Movies - G /PG if under 13,
Youth Worship materials: poems, reading, music, etc.	
PG 13 OK if 13 or over; <u>No R Movies</u>	Hand Sanitizer

DO NOT BRING

Weapons of any kind (including squirt guns)	Televisions or VCRs, oversized stereo systems, etc
ILLEGAL drugs, alcohol	Incense, candles, matches, lighters
Cigarettes, ecigs or other tobacco products	Pets
T-shirts, hats or other items with inappropriate messages	
*Electronic game units (Game-boy, etc) – hand-held or larger	

***Cell phones or any device with Internet or texting capability**

The camp week is an immersion experience that calls for intentional presence. Previous experience has shown that these devices hamper the building of community. Camp staff will have cell phones and may be used if parental contact is needed. Please contact a Fahs Advisory Committee member with particular concerns.

*Note:

“Do Not Bring” items will be confiscated if brought to camp! All Electronic devices with internet availability and all cell phones will be confiscated. They will be made available for pick-up at the convenience of the Fahs Advisory Committee within one month following completion of camp; subject to a fee of \$100 per item. (Certified check or money order). Personal music players with headphones may be used only in camper's rooms during evening hours and not during any scheduled activities.

1. The Camp Advisory Committee reserves the right to conduct a legal search of any/all camper belongings at any time during the camp week.
2. There is zero tolerance for illegal substances.

Camp History and Camper Groups

Shelter Island was settled in the mid-1600's by Quakers who were not accepted in England. Native Americans inhabited the island but the two groups lived peacefully. Indian tools and weapons can still be found throughout the Island. One third of Shelter Island is owned by the Nature Conservancy and held as a conservation site, Mashomack Preserve.

We use Camp Quinipet, which is one of three camps owned and operated by the New York Annual Conference of the United Methodist Church. The 27-acre property was purchased in 1947. Originally, the Methodists owned over 300 acres in the late 1800's near the north ferry and used it for a yearly camp meeting for over 1000 people. The Chequit Hotel was the main living and dining facility.

The owners of a boy's camp gave the name Quinipet, Latin/Greek for five rocks, to the camp in 1915. The words carved in each boulder—Courage, Honesty, Humility, Faith and Love—are from Rev. Theodore Bobilin's dedication speech. Look for them across from the Dining Hall as you enter the campgrounds. Each of the camp's buildings is named for a person who made a significant contribution to Methodism.

In 1981, the Long Island Area Council (LIAC) began Sophia Fahs UU RE Encampment under the direction of Rev. Randy Becker at Quinipet. Our camp was named after Sophia Lyon Fahs, a religious educator, who created many new curricula for Unitarian children and who thought RE should be fun. Also, August is the month of Sophia Fahs' birthday and so it was fitting to have chosen her as namesake. That first year 8 adults and 42 young people pioneered the now annual tradition. Over the years the number of staff and campers continued to grow until this year when we have approximately 115 campers and 40 adult staff enrolled.

The roots of Sophia Fahs RE Camp can be traced to earlier youth summer events. The Unitarian Center of Willmar, Minnesota brought together ministers, church school leaders, and adult volunteers with youth from churches scattered about the state to a lake resort. This Unitarian Lake Camp was the model for Sophia Fahs RE Camp.

Financially, Sophia Fahs RE Camp is sponsored by LIAC and is self-supporting due to the volunteer efforts of so many Long Island UU church members. We operate under a children's overnight camp permit under the auspices of the Suffolk County Health Department and the State of New York.

Our UU Community and Camper Groupings

While our entire community worships, eats and plays together, we live and take part in the morning program sessions by age groupings. Following the Quinipet theme, each of age groups has been given a name of a type of "rock."

Mountains:	The youngest group and staff preschoolers are the mighty Mountains, pre-K-K
Monoliths:	Campers going into grades 1-2
Boulders:	Campers going into grades 3-4
Rocks:	Campers going into grade 5-6
Stones	Campers going into grade 7-8
Rolling Stones:	Campers going into grade 9-10
Pebbles:	Campers going into grades 11 and 12
Grains of Sand:	The Staff—the Nitty Gritty

You will notice that our campers start out as **BIG Mountains** and **the older they get the smaller their rock names become, decreasing in size** from Monoliths, Boulders, Rocks, Stones, Rolling Stones, **until finally in the 11th and 12th grades they are ground down to mere Pebbles**. And the staff, The Grains of Sand—they are everywhere and always in your hair!

Tentative Camp Schedules for Sunday and Friday

SUNDAY: GENERAL REGISTRATION AT 3-3:30 PM AT PORCH OF WELCOME CENTER

- 9:15 am All staff and families of staff: breakfast at camp
- 10:30 am Service for Staff and families of staff only, with Rev. Gordon Bailey at Quinipet
- 11:15-12:15 Staff moves into housing. **Campers suitcases on porches. No camper items in houses.**
- 12:15 pm Lunch at Quinipet.
- 1:00-2:00 Staff swim tests *if possible*
- 1:30 pm Registration for Advisory Committee, House parents and their children
- 2:00 pm **Camp Tours for new campers and parents (for 1st time campers)**
- 2:00 pm Registration for all Staff, their campers and Spirit Committee Registration (with Health Staff)
- 2:30 pm **New Camper registration**
- 3-3:30 pm **Camper Registration begins at Welcome Center, Camp Quinipet on Shelter Island**
Program staff assigned to registration
Housing staff will check campers in at houses.
Sight and Sound to assigned spaces
After completing registration, campers move into housing and take swim test.
 - ALL Campers must complete registration before moving any belongings into housing
 - All room assignments will be made in the assigned housing by grade (or by House Parents)
 - Swim tests at waterfront—Parent/guardians please escort your child to waterfront area**Suggestion for campers: wear swimsuit under clothing before leaving for camp.**
After moving into housing and completing swim tests, return to housing.
- 5:50 pm Cruiser Bell
- 6:00 pm Dinner
- 6:45 pm All-Camp Welcome and Orientation
- 7:30 pm Campfire
- 8:00 pm House meetings
- 9:00 pm Late night activity (grades 9-12)
- 9:30 pm All-Camp Quiet Time Begins (Quiet time is required to allow younger children to sleep.)
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FRIDAY: DEPARTURE DAY

- 8:20 am Cruiser Bell
- 8:30 am **Breakfast**
- 9:15 am Morning Program and Group Photos/Camp Evaluations
- 10:45 am Cabin clean-up. Shirts given out when cabins are clean.
- **11:45 am All camper personal items should be on the front porch**
Recyclables in appropriate bins, floors swept, bathrooms and kitchens cleaned
NOTHING SHOULD BE LEFT IN THE CABIN
- 11:45 am **Cabin Check by Quinipet Staff or Camp Directors; T-shirts distributed**
- 12:00 noon **Lunch**
- 1:00 pm Closing Ceremony—camper parents and families welcome. NO PETS!
- 2:00 pm Camper checkout begins
 - Step 1: Camper and parent/guardian claim all belongings at the cabin.
 - Step 2: Camper and parent/guardian must sign out camper at checkout table and pick up medications, retrieve lost and found items, and get camper address list.
 - Parent/guardian must sign out camper. If you cannot check out your camper, you must complete the **Transportation form** provided at the end of this Handbook to authorize a designated adult to do so—this must be received at camper registration.
 - All campers must be packed up prior to 2:00 pm
- 3:30 ish pm Staff closing circle Good-byes and Farewell... See you in 2019! Celebrating 39 years of Camp!

Monday—Thursday: Tentative Daily Schedule

- 6:30-7:30 am Polar Bear Swim—optional
- 6:30-7:30 Early Morning Jogging-optional
- 8:00 am Activities sign-up begins (Wesley Hall)
- 8:20 am Cruiser Bell
- 8:30 am Breakfast
- 9:00 am Morning worship
- 9:45 am Cabin clean-up
- 10:00 am Program Groups
- 12:05pm Cruiser Bell
- 12:15pm Lunch
- 1:00 pm Circle Groups
- 2:00 pm Camp store (meet between the Willards or at Jesse Lee)
- 2:45 pm Activity Session 1 (meet between the Willards or in front of Jesse Lee afterwards)
- 4:00 pm Activity Session 2
- 5:00 pm Free time in cabins
- 5:50 pm Cruiser Bell
- 6:00 pm Dinner (Thursday dinner campers and staff may opt to wear dressy clothes)
- 6:45 pm All-Camp Evening activity (everyone attends: staff and campers)
- 7:45 pm Campfire or extended evening activities
- Near- cabin time afterwards for Boulders and Rocks until in-cabin time begins
- 8:30 pm Late-night activities for Stones, Rolling Stones and Pebbles in-cabin times
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- 9:30 pm SH-SH, SSH... All-camp quiet time begins—younger campers are sleeping

In-Cabin

After activity	Mountains PK-K
8:30 pm	Monoliths (Grades 1-2)
9:00 pm	Boulders (Grades 3-4)
9:30 pm	Rocks (Grade 5-6)
10:00 pm	Stones (grade 7-8)
10:30 pm	Rolling Stones (Grade 9 -10)
11:00 pm	Pebbles (Grades 11-12)

Lights Out Times (varies with each age group)

9:00 Lights Out
9:30 Lights Out
10:00 Lights Out
10:30 Lights Out
11:00 Lights Out
11:30 Lights Out
12:00 Lights Out

Program and Worship Activities

To fully experience the daily theme, activities have been developed to present the message in a variety of ways throughout the day. UU identity will be emphasized—incorporating the philosophy Sophia Fahs on religious education, the 7 Unitarian Universalist Principles, and spirituality.

Morning Worship will be led daily after breakfast, by our returning Minister of the week, The Rev. Gordon C. Bailey. Rev. Bailey's enthusiasm for our faith, love for our young people and creative message delivery have made him a beloved camp personality. Each morning message will be synchronized with the Program theme. Live music, chalice lighting, camper and staff participation and the natural beauty surrounding us on the island make this worship inspiring for all.

Program Groups meet in designated houses each morning by grades each morning with two adult program leaders. This year, the theme is. **Nurture Yourself: Transform Your World.** Each day the program and worship are devoted to a different aspect of this theme.

Circle Groups meet after lunch for one hour in small inter-age groups of campers, led by the oldest campers (the Pebbles), to share activities based on the day's theme.

All-Camp Evening Activity and/or Campfire will be led by various groups: the Spirit Committee, staff members and the graduating Pebbles.

Late Night Youth Worship Service will be planned and led by youth who sign up for this activity.

In addition, a graceful reflection will be shared at each meal.

Final closing worship ceremony takes place on Friday afternoon at the Outdoor Chapel at 1:00 pm. Camper families are invited to join us and stay until the end of the service.

Campers MUST BE CHECKED OUT AFTER THE END of the service, which is expected approximately 2:00 pm



Recreational Activities

Afternoon Activities

Campers sign up for two one-hour activity periods based on their interests. Examples of these activities are:

- **ARTS & CRAFTS:** tie-dyeing, rubber-stamping, T-shirt painting, painting, beading, bracelet making, scrap booking, journals, bean art and more, henna art,
-
- **NATURE:** beach walks, nature center, walk to Crab Creek, star gazing, cloud watching, etc.
- **NON-COMPETITIVE ACTIVITIES:** group singing and playing of instruments, improvised group games, jumping, cooking, photography, hair braiding, and bubbles
- **SPORTS & EXERCISE:** softball, basketball, volleyball, tetherball, bocce, Extreme Bocce (in costume), yoga, lacrosse, running, Frisbee and football Frisbee, canoeing, swimming.
- **SAILING:** (TBD) Two days of sailing may be offered, to campers GRADE 5 AND UP each lasting 2 activity periods (2 hours) Campers must sign up at registration. The activity will take place under the direction of Quinipet sailing staff, with support from Sophia Fahs staff. Each boat will have one staff member, plus up to 3 campers. To cover Quinipet's extra charges to Sophia Fahs, there will be a special fee of \$25 per day which must be paid at registration. Refundable only if canceled due to weather conditions. **NOTE, campers who wear glasses full-time should have a strap for their glasses while sailing.**
- **WRITING:** a daily newspaper with articles and graphics; also personal journal writing and storytelling

Evening Activities

All-camp evening campfires, special events, waterfront games, group games and a talent show

Late Night Activities

For youth grades 9-12: may include activities such as outdoor movies, game night, and stargazing.....

Keeping in Touch, Health and Safety & Other Information

Contact Information:

- Parents may send **urgent** messages to campers via the Camp Quinipet Office by dialing **631 749-0430**, during meal times. The message will be delivered later.
- For emergency messages: Patsy Kaplan, Sophia Fahs Camp Director: 516 770-0569
- The new office facility for Sophia Fahs camp week will be available for contacts. **Phone 631 749-3528**
Fax: 631 749-3403
- **USE YOUR DISCRETION** - campers can become disconnected from camp when accepting many phone calls from home.

Mail: Mail is delivered to campers daily. Mail can be a welcomed treat for campers, or a difficult reminder of home for those feeling a bit disconnected. Use your discretion in sending mail, and remember the Post Office's track record for delivery times. Address **mail** to:

Sophia Fahs RE Camp
Quinipet Camp & Conference Center
Box 549
Shelter Island Heights, NY 11965

Address **packages** to:

Sophia Fahs RE Camp
Methodist Camp Quinipet
End of Shore Road @ Jennings Point
Shelter Island Heights, NY 11965

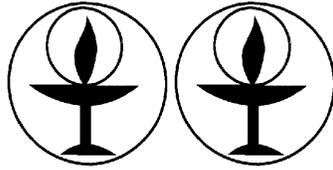
Visit the Quinipet website for additional information: www.quinipet.org

Health & Safety Sophia Fahs Camp has an excellent health and safety record. Camp Quinipet and Sophia Fahs staff members hold camper safety and health in the highest regard with constant vigilance. With an age-appropriate camper-to-staff ratio and the overnight presence of two or more staff in every housing unit, each child/youth has someone to turn to at all times.

- A nurse is on duty at camp, a physician is available on Shelter Island, and a hospital is nearby in Greenport. **A camper must be fever free (below 100.5) for 24 hours prior to arrival at camp.** Campers who experience any medical problems will be directed to the nurse who will evaluate and proceed with appropriate treatment. This may include simple palliatives (aspirin, cold compress, etc.), referral to the physician, contacting parents/guardians, and/or administration of authorized medications. The nurse will hold and administer all medications during camp. **Adherence to regulations regarding medication given on the health forms is mandatory.**
Lyme Disease: We are vigilant for signs of suspicious bites, discuss prevention and symptoms with campers and staff, and promptly refer potential incidents to the nurse. Ticks that are not implanted in the skin are easily washed away in a hot shower. **Campers are directed to take a shower every evening as a precaution. Parents and guardians should emphasize this habit for their child's safety.**
- **Food and Beverages:**
 - Special Diet Food & Beverage Needs: must be identified on the application and health forms.
 - No food or drinks except bottled water should to be brought to camp. Snacks will be provided every evening in housing units and daily at the camp store. Campers are encouraged to eat only at meals and group snack times.

Camp Store:

- Each afternoon camper may choose a maximum of 2 snacks (soda, candy, ice cream).
- At the registration table, parent/guardians may deposit money in the camp store account for these snack item as well as water, stuffed animals, etc. No other money or cash is needed. Any unused balance on the additional deposit will be refunded at checkout.
- **T-Shirts:** Each camper receives a camp T-shirt on Friday. The size was designated on the registration form. **Please check to see that the correct size was ordered.**
- **Visitors:** Visitors (family, friends) are welcome during the closing ceremony on Friday at 1:00pm. There are no other designated visiting times.



SOPHIA FAHS CAMP CHILDREN'S COVENANT

All campers entering grades 3-6 sign this covenant
Please review with your camper prior to coming to camp
A signed copy is on file with the application

During this week, I will:

BE MYSELF: This means, I will join in the activities. I will try to be as friendly as I can to the others here. I will not bring anything here that might hurt another person or myself.

BE THERE FOR OTHERS: I will share and be honest with the others here. I will not pick on anyone or stand by while someone gets picked on. I will try to do something to help that person. I will use words that are respectful to children and adults. I will take turns. I will not hit anyone if I get angry. I will ask the adults here to help me, if I need help for any reason.

TAKE CARE OF THE ENVIRONMENT: I am an invited guest here at Sophia Fahs RE Camp. I will clean up my messes and help to clean up messes with the group. I will not destroy property here. I will follow all safety rules. I WILL NOT LEAVE THE CAMP without permission.

BE FRIENDLY TO ALL CHILDREN HERE: In the outside world there are people who are not nice to me and may not accept me. I will accept ALL people here. I remember all the good times I have had with my friends. I think of the times I have been alone and a friendly and invitation meant so much to me. That is why I will welcome and be friendly to all new people here.

INCLUDE EVERYONE: It is NOT OK to play with or talk to ONLY my special best friends here. I can arrange a play date on the outside for that. This is the time to reach out to each and every child I happen to meet, playing, learning and making memories together.

I (Print) _____, agree to follow the ideas written in this Covenant. I will accept the consequences if I do not follow them, which may include having my parent come to take me home during the week.

Camper's signature: X _____

Date _____

Parent or Guardian Signature _____

Date _____

JUNIOR AND SENIOR YOUTH COVENANT

All campers entering grades 7-12 signed this covenant.
Please review with your camper prior to coming to camp
A signed copy is on file with the application

1. **We promote inclusive behavior.** Sophia Fahs RE Camp provides an atmosphere where all are to feel safe, accepted and included at all times. Behavior, which excludes another, takes away from this sense of community.
2. With the goals of safety and community in mind, campers are not to leave the grounds of the camp and rules concerning the shoreline and gazebo must be honored.
3. **We promote respectful behavior.** “No harshing on the mellows.” Sophia Fahs RE Camp is a place where all are encouraged and empowered to express themselves. This requires the mutual responsibility to be respectful towards each other. The space we are in must be respected and cared for; everyone will participate in clean up of all areas of camp.
4. **We encourage open-mindedness.** Sophia Fahs RE Camp fosters an open community where people who are different as well as similar are welcome. Campers will try to remain open to growing in unexpected ways through the love and challenges experienced during camp.
5. **Sexualized behavior is not allowed.** Exclusive relationships prevent our community from being inclusive and safe for all. Sexualized or intimate behavior is not permitted anywhere any time at camp.
6. **Possession or use of drugs, alcohol, ecigs or tobacco products is prohibited.** Possessing, giving or selling, using or being under the influence of drugs (illegal or non-prescribed), alcohol or tobacco products is not permitted at camp. Their use destroys the safe atmosphere as well as puts all the campers at risk. There is zero tolerance for substance use.
7. **Violence and abuse are unacceptable.** No forms of violence: physical, verbal, sexual or other manifestation will be tolerated. Weapons are not permitted and possession will be viewed as intending or ignoring the possibility of a violent outcome. No one can vouch for how others will behave if they were to mistakenly come into possession of a weapon. Any weapons will be confiscated and the camper will be sent home immediately.

I have read and understand this code of behavior, and I agree to abide by these rules and guidelines for my behavior. I also understand that failure to meet these standards will result in discipline or removal from Sophia Fahs RE Camp. The Camp Director or representative will use professional judgment in setting the level of discipline or amount of praise for any situation.

Camper name (Print) _____
Camper Signature X _____ Date _____

I am aware that if my child fails to abide by these rules, he/she may be asked to leave Sophia Fahs RE camp and should this occur, that I will be responsible for removing my child from camp as soon as possible after notification. X _____

ALL CAMPERS—please note. According to Suffolk County health permit requirements, ALL CAMPERS must have adult supervision AT ALL TIMES. Please consider this when deciding to submit your application to come to camp.

Code of Ethics for Adults and Older Youth In Leadership Roles

The Unitarian Universalist Association adopted this Code of Ethics in 1986.

Adults and older youth in leadership roles are stewards playing a key role in fostering the spiritual development of the community. It is, therefore, important that they be qualified to provide children and youth with the nurture, care and support for a positive sense of self and a spirit of independence and responsibility.

The relationship between young people and their leaders must be one of mutual respect for a positive potential to be realized. There are no more important areas of growth than those of self-worth and the development of a healthy identity as a sexual being. Adults play a key role in assisting children and youth in these areas of growth. Wisdom dictates that children, youth and adults suffer damaging effects when leaders become sexually involved with young persons in their care; therefore leaders will refrain from engaging in sexual, seductive or erotic behavior or language with children and youth. Neither shall they sexually harass or engage in behavior, which constitutes verbal, emotional, or physical abuse.

Leaders shall be informed of the Code of Ethics and agree to it before assuming their roles. In cases of violation of this code, appropriate action will be taken.

SOPHIA FAHS VOLUNTEER'S STATEMENT:

I have read and understand the above statements of position, expectations and actions.

Date: _____ Name (printed) _____

Name (signed) _____

In addition, the Camp Advisory Committee expects all staff to refrain from drinking alcoholic beverages, smoking or using any illegal substances on campgrounds. We are demanding this behavior of our youth and we are asking our staff to model this commitment. We thank you in advance for your cooperation and look forward to creating a very special experience together at camp

Driving Directions

New campers should arrive at 2:00 pm for tours

Registration begins at 3:30 pm, NO EARLIER!

To Sophia Fahs Camp at Quinipet:

From the North Fork via the North Ferry (avoiding high traffic roads):

- Go east on LI Expressway (I-495) to exit 71 (Route 24), turn right at end of ramp. Proceed on Route 24 to traffic circle and continue on approximately 2 miles to Route 105. Turn left (north) onto Route 105. Travel approximately 5 miles to Sound Ave. Turn right (East) onto Sound Ave (Route 48). Travel approximately 15 miles to Greenport. Signs for Shelter Island Ferry at Moores Lane will appear. Turn right onto Moores Lane, then left onto Main Street. Follow signs to North Ferry (Route 114). A line of cars on the right hand side of the street is waiting for the ferry to load. The ferry runs from 5:40am to midnight from Greenport. It takes 10 minutes to cross and costs roundtrip (same day return) about \$16 plus \$4 for each passenger (\$11 one way for car and driver and \$2 per passenger)
More information at 631 749-0139.
- **To get to Camp upon leaving the North Ferry:** follow Route 114 South. In approximately 1 mile, turn right onto West Neck Road toward Crescent Beach. Drive down the hill and around the bend along Crescent Beach to the end. The Quinipet entrance is on the right. Look for the red building at the entrance, and then look for Wesley Hall, a on the left.

From the South Fork via the South Ferry:

- Take Montauk Highway to Southampton and follow signs to the Shelter Island Ferry. These Ferries run regularly and cost about the same as the North Ferry.
- **To get to Camp upon leaving the South Ferry:** Take Rt. 114 North on Shelter Island. After the I.G.A. Market, start looking for signs to Crescent Beach. Turn left on West Neck Road toward Crescent Beach. Drive down the hill and around the bend along Crescent Beach to the end. The Quinipet entrance is on the right. Look for the red building, Wesley Hall, a on the left.

Additional information may be obtained by calling Shelter Island 1-800-974-3583 for a map with a list of accommodations, restaurants, etc. Also, www.shelter-island.net has information. The LI Railroad number for the train to Greenport is 631-231-5477.

IMPORTANT!!

Sophia Fahs UU RE Camp

Transportation Authorization Form

This form must be completed for all campers who will be brought to camp or picked up at the end of camp by anyone other than their parent or legal guardian. **NO EXCEPTIONS.**

Please do not cut this form. Fill in appropriate areas and hand in entire page

ARRIVAL AT CAMP

I authorize _____ (print name of person) to register my child
_____ for Sophia Fahs Camp.

Print Parent/Guardian Name	Parent/Guardian Signature	Date
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(Note to parent/guardians: The above named person must be responsible to make any due payments, bring medications to camp, and assist your children through the entire registration process including accompanying them to the swim test.

LEAVING CAMP

I authorize _____ (print name of person) to pick up and transport
my child _____ from Sophia Fahs Camp.

Print Parent/Guardian Name	Parent/Guardian Signature	Date
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(Note to parent/guardians: Remember that the above named person must be responsible to assist your child through the entire check-out process—picking up your child's belongings, medications, and signing your child out of camp, etc.
